### **REGISTRATION FORM**

Mail with Cheque to:

Please register me for the seminar titled
SPIRITUAL AWAKENING
NAME:
ADDRESS:
PHONE No:
Payment of the fee is due with completed registration form, w

cheques made payable to the company name in the box above.



TTD International helps individuals seeking financial freedom and vocational fulfullment, through seminars, consultancy and eBooks.

Seminar Titled

# Spiritual Awakening

Mankind is engaged in an eternal quest for the "something else" he hopes will bring him happiness, complete and unending.

Paramahansa Yogananda

# SPIRITUAL AWAKENING





Modern life has failed to meet the human need for meaning, leaving the urgent questions unanswered: "What is really meaningful in life?" "What is truly important for me to achieve?"

The exercises throughout the worksop titled Spiritual Awakening will explore the transpersonal dimension of growth, where the individual finds purpose and meaning in life.

# **Seminar Contents**

- > Two Dimensions of Growth
- > The Personal Dimension
- > i-Consciousness Exercise
- ➤ The Periods of Life
- Quality of Life Score Diagram
- > The Transpersonal Dimension of Growth
- > Purpose in Life Test
- ➤ What is Your Purpose in Life Exercise
- ➤ Blossoming of the Rose Exercise
- > Setting Meaningful Goals
- Paths to Spiritual Awakening

## TWO DIMENSIONS OF GROWTH

There are two dimensions of growth: the Personal and Transpersonal Dimension.

In the personal dimension of growth individuals strive after goals such as car, house, family, education, romance, finance, career etc.

In spite of all the outward signs of success, some individuals do not find their lives meaningful or satisfying at a deeper level. Reporting a vague sense of "something missing", they believe there must be more to life.

Ultimately only direct contact with the transpersonal dimension of growth can restore purpose and meaning to life.

Drawing on the methods and techniques of transpersonal psychology the workshop is designed to awaken you to the transpersonal or spiritual dimension of your life.